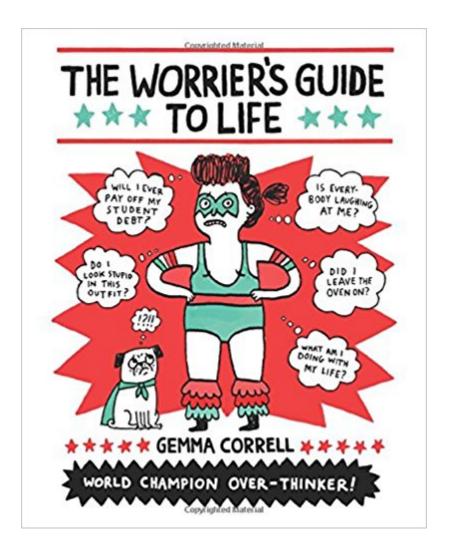


# The book was found

# The Worrier's Guide To Life





## Synopsis

If you're floundering in life, striking out in love, struggling to pay the rent, and worried about it all -- you're in luck! World Champion Worrier and Expert Insomniac Gemma Correll is here to assure you that it could be much, much worse. In her hugely popular comic drawings, Gemma Correll dispenses dubious advice and unreliable information on life as she sees it, including The Dystopian Zodiac, Reward Stickers for Grown-Ups, Palm Reading for Millennials, and a Map of the Introvert's Heart. For all you fellow agonizers, fretters, and nervous wrecks, this book is for you. Read it and weep...with laughter

## **Book Information**

Paperback: 112 pages Publisher: Andrews McMeel Publishing (May 26, 2015) Language: English ISBN-10: 1449466001 ISBN-13: 978-1449466008 Product Dimensions: 6.5 x 0.4 x 8 inches Shipping Weight: 9.1 ounces (View shipping rates and policies) Average Customer Review: 4.1 out of 5 stars 47 customer reviews Best Sellers Rank: #359,062 in Books (See Top 100 in Books) #122 inà Â Books > Comics & Graphic Novels > Graphic Novels > Contemporary Women #491 inà Â Books > Humor & Entertainment > Humor > Self-Help & Psychology #971 inà Â Books > Health, Fitness & Dieting > Mental Health > Emotions

### **Customer Reviews**

"Feeling anxious? A bit panicky? Fear not â⠬⠕ cartoonist and self-proclaimed World Champion Overthinker Gemma Correll is here to help you laugh about it."Ă Â (National Public Radio)"A brief, fun tour of a talented artistââ ¬â,,¢s enjoyable works, perfect for a coffee table or gift for the millennial in your life."Ă Â (The A.V. Club)"These comics are the perfect antidote for twentysomethings who take themselves too seriously."Ă Â (Sarah Hunter, Booklist)#4 of the "20 Female Instagram Artists You Should Follow Immediately"Ă Â (Madeline Buxton, Refinery29)"Dealing with a mental health condition is no laughing matter. But British illustrator Gemma Correll is channeling her depression and anxiety into her artĂ¢â ¬â •and the results are hilarious."Ă Â (Elyse Wanshel, The Huffington Post) Gemma Correll is a young English illustrator, cartoonist, and generally quite small person. She and her trusty pug sidekicks, Bella and Mr. Norman Pickles, will soon be leaving the land of their births for a new life in the very large country of America. Wish them luck!

I had high hopes for this book as a fan of comics, dry humor, and self-deprecation. However, I found very little to even smile at in this book, never mind laugh at. If I had it to do over, I would pass on this one.

So funny. I preordered myself a copy - after receiving it, I then ordered 2 more copies for friends' gifts. Will probably end up buying more copies.

Perfect to give me a little inspiration every morning!

The best book I've ever purchased!

Hysterical and relatable this book really helped me to laugh at myself (in a really good and healthy way). Gemma Correll is brilliant. Definitely add this book to your collection.

I have been a huge fan of Gemma's work for a long time. I love the way that she represents herself (and her dogs!) in her own work. As a person who suffers from anxiety and overthinking, I loved seeing my own fears depicted with humor in a way that was not patronizing.

It makes my daughter laugh out loud and that it what she needs the most. Thank you Gemma!

#### Expected it to be funnier

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